# Backyard Plant Bingo

with the Snoqualmie Indian Tribe

## How to Play

**To play Backyard Plant Bingo you must cross out the items on the board as they are completed or found.**

**Once 5 items in a row, column, or diagonal are completed then you get a bingo!**

- For action items, complete the action to cross it out.
- For plant items, find and identify the plant using the information on this sheet to cross it out. If there are duplicate plant items, you must find more than one. If you cannot find a specific plant try researching the plant to learn 3 new facts about it.

**Please remember to treat plants and wildlife with respect when observing them.**

****If you plan on pulling any noxious weeds, please refer to the Snoqualmie Tribe Environmental & Natural Resources' "Invasive Weeds Guide."***

**Safety Notice:** If you plan to harvest any of the beneficial backyard plants, please mantain Washington State's latest "Stay Home, Stay Healthy" order.

Please be aware of the following, and use caution when identifying plants:

- Do not harvest where herbicides may have been used.
- Do not harvest from drain ditches or water runoff areas from roadways as toxins can be pulled up into the plants from underground.
- Remember to thoroughly wash any harvested materials as animals in your neighborhood could have contaminated them.

If you have questions or would like to send us photos of your bingo finds please contact our Environmental & Natural Resources Outreach Coordinator, Alex Harwell at alex.harwell@snoqualmietribe.us

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# Backyard Plants

These plants can be found as items on the bingo board.
You can use this information to try looking for them in your backyard.

## Douglas Fir

Large trees  with thick, rough, dark brown bark. The needles wrap all around the branches. The bracts in their cones look like the hind feet and tails of mice.

The wood can be used to make fishing and more. Needles can be used as a delicious tea. Steep 1 T. fresh or dried needles in a cup of hot water and enjoy!

## Big Leaf Maple

Deciduous trees with large and deeply lobed leaves. The young bark is green while the older bark is gray-brown and ridged.

They produce winged seeds called samaras and are often covered with mosses, lichens, and ferns.

## Dandelion

Leaves are hariless and have toothed edges that grow from one spot at the base in a basal rosette. Flowers are yellow with hollow stems.

The flower buds and leaves are edible and are tastier when they're younger. The roots can be dried or roasted and used as a decoction (boiling the roots for a tea) that is good for the digestion.

## Western Red Cedar

Large trees with branches that grow out in a "J" shape. The bark is red-brown and tears off in long strips.

Can be used for canoes, houses, containers, and as landmarks if culturally modified. The fine bark is used for baskets and hats, while the roots and withes can be used for rope.

## Chickweed

Low-growing, green, fleshy plant with small white flowers. Leaves grow in opposite pairs and are hairless, except for a single small line of hairs that run along the whole plant in a line like a mohawk haircut.

Highly nutritional, the young leaves can be used in salads. Can be used as a fresh plant poultice for anti-inflammation or dry skin.

## Nettle

Perinnial herb armed with short, stinging hairs. The leaves grow in opposite pairs on the stem from each other and are saw-toothed around the edges.

The stinging trait of the plant can be used to relieve arthritis pain. The fiberous stalks can be spun into strong ropes for fishing nets.

# Backyard Plant Bingo

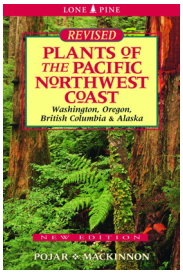
| | | | | |
|---|---|---|---|---|
| Douglas Fir | Maple | Observe a bug | Draw a plant | Cedar |
| Chickweed | Dandelion | Pick up a second piece of trash | Find a cool rock | Maple |
| Fill a reusable water bottle | Cedar | Free Space | Nettle | Dandelion |
| Pick up a piece of trash | Chickweed | Dandelion | Spot a squirrel | Stand in the sunlight for 20 minutes at midday |
| Cedar | Pull an invasive weed* | Nettle | Douglas Fir | Identify a bird |

## Resources

If you cannot find a specific plant try researching the plant to learn 3 new facts about it. We recommend using the following resources to learn more about native plants in Washington State.

**Washington Native Plant Society**
https://www.wnps.org/plants

**Download the iNaturalist app!**




**Plants of the Pacific Northwest**
by J. Pojar and A. MacKinnon

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| Cedar | Pull an invasive weed* | Dandelion | Observe a bug | Fill a reusable water bottle |
| Spot a squirrel | Dandelion | Chickweed | Pick up a piece of trash | Maple |
| Stand in the sunlight for 20 minutes at midday | Draw a plant | Free Space | Cedar | Pick up a second piece of trash |
| Find a cool rock | Maple | Cedar | Douglas Fir | Nettle |
| Dandelion | Identify a bird | Douglas Fir | Nettle | Chickweed |

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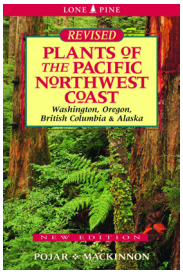


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| Pick up a second piece of trash | Cedar | Fill a reusable water bottle | Draw a plant | Chickweed |
| Dandelion | Douglas Fir | Free Space | Observe a bug | Spot a squirrel |
| Chickweed | Find a cool rock | Maple | Cedar | Pick up a piece of trash |
| Douglas Fir | Stand in the sunlight for 20 minutes at midday | Nettle | Dandelion | Cedar |

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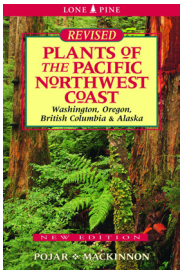


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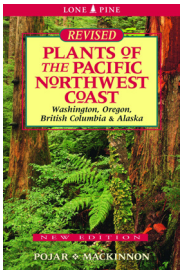


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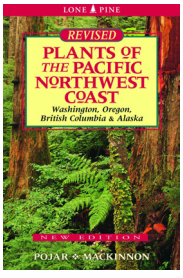


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